

# Welcome

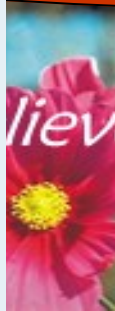
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Relieve Care Incorporated is a Residential Personal Care Services Facility in Anoka County, Minnesota. You can rest easy knowing that our welltrained personnel provide excellent care to developmentally disabled and mentally-ill individuals.

As a second home to your loved one, service is available 24/7, covering everything from bathing to dressing, preparing meals, doing housework, keeping up with scheduled medication and arranging doctor's visits. At Relieve Care, we make it easy for you.

Relieve Care Incorporated aims to deliver the finest quality of care by:

- \* Treating each resident with respect and decency.
- \* Extending a family environment to make the residents feel at home,
- \* Inspiring residents to be independent with daily activities.
- \* Establishing safety and providing the level of privacy our residents require.
- \* Consistently promoting good health and well-being.



# Relieve Care Incorporated

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## Residential Personal Care Services Facility

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## Contact Us Today

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Office: 1310 81<sup>st</sup> Ave NE.  
Spring Lake Park, MN 55442

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Phone: 763-757-3207

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Fax: 763-780-5700

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*Let Us Relieve You*



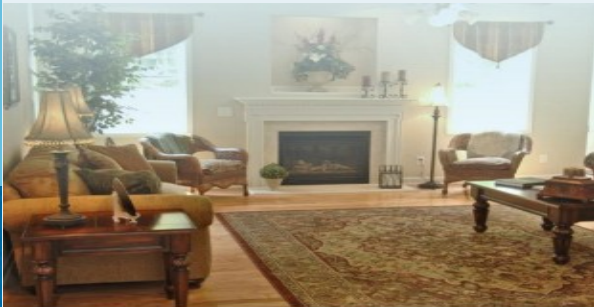
**763-757-3207**  
Call Us Today!

# About Us

Relieve Care Incorporated is a licensed Home Care Agency and Residential Care Provider based in Anoka County, Minnesota. Our facilities are located close to many parks and the National Sports Center, where the residents can always find something to do and somewhere to go. The lovely, peaceful neighborhoods surrounding our facility offer a great place to enjoy the warm reception of our friendly staff, which is available 24 hours a day.

We are a client focused agency providing affordable, quality Home Care and Residential Personal Care Services.

To maintain the highest degree of service, we make sure that the residents are in the good hands of our carefully chosen personnel. They have been trained to give assistance that is personalized to each of our resident's individual needs. The members of our staff will carry out their daily tasks with responsibility and professionalism to give care that is second to none.



# Our Services

## **Our Residential Facility Services**

Home and Community Based Services (**HCBS**) to adults with disabilities and persons age 65 and older. You can expect quality services from Relieve Care Incorporated. Our residents receive:

- \* 24 Hour Emergency Assistance
- \* Foster Care Services
- \* Supported Living Services
- \* Adult Companion
- \* Respite Care In-Home or Out of home

## **Basic Home Care Agency**

Relieve Care Incorporated extends quality care outside our facility with the Home Care Services that we offer. Among them are:

- \* Assistance with dressing, self-feeding, oral hygiene, grooming, toileting and bathing
- \* Preparing modified diets ordered by licensed health professional
- \* Providing standby assistance within arm's reach for safely while performing daily activities
- \* Providing verbal or visual reminders to take scheduled medication
- \* Meal Preparation
- \* Shopping, Laundry
- \* Housekeeping / Other household chores

## **Our Facility**

The residents of Relieve Care Incorporated enjoy the spacious dwelling which includes:

- Delicately furnished private bedrooms
- Fine dining area
- \* Handicap friendly bathrooms - secured doors and windows with staff on duty twenty-four hours a day
- Family room with home entertainment system
- Outdoor seating for socializing

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# Our Website:

[www.relievecare.com](http://www.relievecare.com)

Contact us for more information. We'll be more than happy to answer your questions and listen to your concerns about what we can offer to your loved ones when they stay with us at Relieve Care Incorporated. You can reach us by phone at **763-757-3207** or by email at [info@relievecare.com](mailto:info@relievecare.com).